

2016 – 2017
RELIGIOUS FORMATION
Grades PreK-5th

PARENT HANDBOOK



IMMACULATE CONCEPTION CATHOLIC CHURCH
2255 N. Bonnie Brae St.
Denton, TX 76207

Telephone: (940) 535-7046 * (940) 565-1770 x 216

www.iccdenton.org/prek-5th-grade-

IMMACULATE CONCEPTION CHURCH

Calendar for Elementary Formation 2016 - 2017

PreK - 5th GRADE

JULY							AUGUST							SEPTEMBER							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
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3	4	5	6	7	8	9	7	8	9	10	11	12	13	4	5	6	7	8	9	10	
10	11	12	13	14	15	16	14	15	16	17	18	19	20	11	12	13	14	15	16	17	
17	18	19	20	21	22	23	21	22	23	24	25	26	27	18	19	20	21	22	23	24	
24	25	26	27	28	29	30	28	29	30	31				25	26	27	28	29	30		
31																					
OCTOBER							NOVEMBER							DECEMBER							
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						1				1	2	3	4	5					1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	
23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	
30	31																				
JANUARY							FEBRUARY							MARCH							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6	7				1	2	3	4				1	2	3	4	
8	9	10	11	12	13	14	5	6	7	8	9	10	11	5	6	7	8	9	10	11	
15	16	17	18	19	20	21	12	13	14	15	16	17	18	12	13	14	15	16	17	18	
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24	25
29	30	31					26	27	28					26	27	28	29	30	31		
APRIL							MAY							JUNE							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
						1		1	2	3	4	5	6					1	2	3	
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24	
23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30		
30																					

 Parent Orientation
 First / Last Day
 Class Days
 Holy Days
 Break

Parent Orientation: Sunday 8/28; Wednesday 8/31
 First day of class: Sunday 8/28; Wednesday 8/31
 Last day of class: Wednesday 5/03; Sunday 5/07

BREAKS

November 20 - November 27	Thanksgiving
December 18 - January 4, 2017	Christmas Break
March 12 - 19, 2017	Spring Break

Holy Days* / Special Feasts
 August 15: *Assumption of Mary**
 November 1: *All Saints**
 December 8: *Immaculate Conception**
 December 12: *Our Lady of Guadalupe*
 December 25: *Christmas**
 January 1: *Solemnity of Mary**
 March 1: *Ash Wednesday*
 April 9: *Palm Sunday*
 April 16: *Easter*
 May 25: *Ascension of the Lord&*

Coordinator of Elementary Formation
 Joana Mireles
joana.mireles@iccdenton.org

Elementary Formation Assistant
 Adi Bonilla
adi.bonilla@iccdenton.org

(940) 565-1770 x 216 (Parish office) OR (940) 535-7046 (Direct line)

"Love is the measure of faith" - Pope Francis

PARENT HANDBOOK
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"Love is the measure of faith" - Pope Francis



Immaculate Conception CATHOLIC CHURCH

Dear Parents,

Welcome to our Elementary Religious Formation program at Immaculate Conception Catholic Church. We are looking forward to a wonderful year filled with blessings and faith filled opportunities to share and grow in our faith. Every year, Catechetical Sunday is celebrated on the third Sunday of the month of September. This year we will celebrate Catechetical Sunday on the weekend of September 17-18, 2016. The theme for this year is: Prayer: The Faith Prayed.

The Catechism of the Catholic Church in paragraph 2561 tells us, *“Prayer is the response of faith to the free promise of salvation and also a response of love to the thirst of the only Son of God.”* We are all invited to grow in a deeper study and practice of prayer, not just for our own personal Spiritual growth but also for those whom we serve. This year as we are called to deepen our prayer life, I encourage all of us to be open to the different forms and expressions of prayer.

Forms of Prayer

- Blessing & Adoration (CCC 2626-2628)
- Petition (CCC 2629-2633)
- Intercession (CCC 2634-2636)
- Thanksgiving (CCC 2637-2638)
- Praise (CCC 2639-2643)

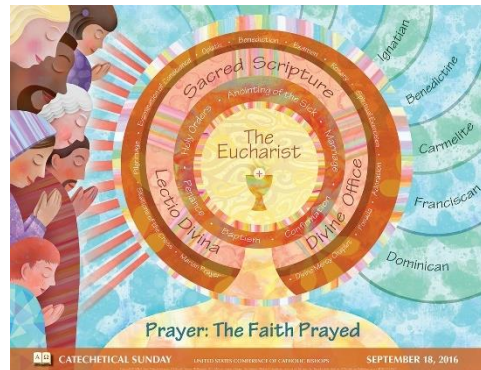
Expressions of Prayer

- Vocal Prayer (CCC 2700-2704)
- Meditation (CCC 2705 – 2708)
- Contemplation (2709-2719)

To quote St. Therese of Lisieux *“For me, prayer is a surge of the heart, it is a simple look turned toward heaven, it is a cry of recognition and of love, embracing both trial and joy.”*

Please intercede for all of our Parish Catechists and lift them up in prayer as they share their faith with the children and youth of our parish.

The Seeds of Faith in Prayer
 May the seeds of faith blossom
 As you nurture God’s young disciples...
 And may our ever-present
 Connection to Christ through prayer,
 Be a joyful blessing for you
 And that children in your care.



You are in our prayers, your sisters in Christ,

Joana Mireles
Coordinator of Elementary Formation

Adi Bonilla
Elementary Formation Assistant

PARISH MISSION STATEMENT

The mission of Immaculate Conception Parish, as the body of Christ, is to be visible in our community through evangelization and service. We nurture and support family life and draw our strength from the source and summit of our faith, the Eucharist, and the full Liturgical Life of the Church.

ELEMENTARY FORMATION VISION

The family is the primary place for formation of children. Parents have shared natural life with their children; and through the Sacrament of Baptism, have given them the gift of sharing in God's life. The *Rite of Infant Baptism* makes five different references to the duties of parents, assisted by godparents, in bringing up their children in the Faith in which the children are being baptized. Through the love and example of their parents, children come to know the love of God and develop the capacity to trust in His goodness. Pope John Paul II called the family "a school of Christian values." Formation in the Faith takes place in the family through family prayer, reading Sacred Scripture, stories of the lives of the saints, and practice of the virtues.

As children reach pre-school and school ages, they become more active participants in the wider community of faith, and at this time, their formation in the family needs support and celebration in the parish community. Parish formation programs for children do not replace their formation at home, but supplement it and celebrate it through involvement in the parish. In formal religious formation, the children encounter the example of other loving adults (catechists) who reinforce the truths of the Faith. They also form, with other children in the Faith community, a peer group with whom they learn and celebrate their developing faith.

ICC's parish elementary formation begins at age four. Pre-K and Kindergarten students receive catechesis focused on the God as the loving creator and our dignity as created in His image and likeness. First through 5th graders receive systematic catechesis that unfolds all the teachings of the Catholic Faith in an organized way. Through this more formal instruction they come to know the Person of Jesus and to experience him with the Church, the community of Faith.

At ICC we use the word "Formation" to capture all the elements of growth in the Christian Life. Many grew up going to CCD classes, Sunday school or religious education; all are various names for programs of catechesis, which remains at the heart of Formation. Formation, then, involves teaching and being taught, so that the disciple (the person being taught) may have certainty about the truths of the Faith. The goal of formation is not mere knowledge about the Faith, but relationship with the Person of Jesus Christ, who leads us to the love of God the Father in the Holy Spirit.

CONTACT INFORMATION

Immaculate Conception Catholic Church Office:

Location: 2255 N Bonnie Brae St, Denton, TX 76207
Telephone: (940) 565-1770
Office Hours: Monday-Wednesday: 8:30am – 4:30pm
Thursday: 8:30am – 12pm and 1:30pm – 4:30pm
Friday: 8:30am – 3:00pm
Website: www.iccdenton.org

Religious Formation Staff

RCIA & Adult Formation English:	Deacon Art deacon.art@iccdenton.org (940) 565-1770 ext 208
RICA & Formación Adultos Español:	Rafael Medina rafael.medina@iccdenton.org (940) 565-1770
Coordinator of Sacraments:	Elsa Camizzi elsa.camizzi@iccdenton.org (940) 565-1770 ext. 203
Coordinator of Elementary Formation: <i>PreK – 5th grade</i> <i>1st Reconciliation/ Communion</i> <i>Elementary RCIA</i>	Joana Mireles joana.mireles@iccdenton.org (940) 565-1770 ext. 216 (parish office) (940) 535-7046 (Direct Line)
Elementary Formation Assistant: <i>PreK – 5th Grade</i>	Adi Bonilla adi.bonilla@iccdenton.org (940) 565-1770 ext. 216 (parish office) (940) 535-7046 (Direct Line)
Middle School Coordinator: <i>6th – 8th grade</i>	Ben Briones ben.briones@iccdenton.org (940) 565-1770 ext. 213
Life Teen Coordinator: <i>9th - 12th grade</i> <i>Confirmation/ HS RCIA</i>	Susan Mullins susan.mullins@iccdenton.org (940) 565-1770 ext. 212

Religious Formation Class Hours Pre-K thru 5th Grade:

Sunday:
English: 8:30-9:45am Spanish: 10:30 – 11:45am
Wednesday:
English & Spanish: 5:30pm – 6:45pm

ATTENDANCE:

Parents please understand that religious formation is a *progressive program*. Each day that your child is participating in formation class is like setting a stepping stone towards their Christian way of life. Each class period is linked to the previous and following class; therefore missing one class will make it harder to follow in the continuous flow of the program. In order for your child to get the whole experience of our religious formation program and to start to develop a well formed Catholic centered life *regular attendance* is **required**. We understand that circumstances may occur that will cause your child to be absent; in that case we ask that you follow these procedures:

1. Turn in a letter to your child's catechist the next class. Excused absences are only for illness, school event, or family emergencies (Funeral). You may call in advance to notify of your child's absence but for documentation purposes a letter is needed.
2. If there are an excessive number of absences a special conference will be held with you (parent), your child's catechist and the religious formation coordinator to see whether this year will count as a full year of formation. **If your child is in sacramental preparation, more than three (3) absences may delay his/her readiness for the sacrament.**

DROP OFF PROCEDURE:

1. On Wednesday you may enter thru the School's main front entrance, and on Sundays through the gym.
2. For the security of the children **please walk your child to their class**. Never leave your child unattended. If your child's catechist has not arrived please wait with your child until their catechist arrives.
3. Please have your child arrive promptly to class. We ask that children not arrive earlier than 15 minutes prior to class. **Arriving more than 10 minutes late to class will result in an absence.**
4. Magnetic lock will turn on 5 minutes after class has begun, not allowing access into the building until the end of class.

PICK UP PROCEDURE:

1. Magnetic lock will be turned off 5 minutes before class is over, which will give you access to enter the building.
 2. Children are not allowed to leave the classroom unless an authorized adult or older responsible sibling (*18 years of age or older*) has arrived for them.
 3. Please make sure that your child is picked up promptly at the end of class and no later than 10 minutes after class is over. Many of our catechists also have duties in the Mass and they need enough time to close and get over to the church in time. **We assess a charge of \$1 for every minute that you are late.** The funds go towards Religious Formation.
- We realize that at times traffic or unexpected delays may occur. If you are going to be late please call the office – **(940) 535-7046**; and let us know.
 - After 3 times of being late, we will need to report negligence to Child Protective Services and the Diocese of Fort Worth.

BEHAVIOR/DISCIPLINE:

Our religious formation classes share classrooms with Immaculate Conception School. It is expected that our students act in an appropriate Christian manner at all times. Each child is to respect their fellow students, their catechist, the catechist's aide, any other adult in the classroom, as well as the classroom surroundings (desks, furniture, materials, etc.). In order to keep our parish and school beautiful and clean we ask that the students not bring **gum, food or drinks** in the ***classrooms***. We also ask that children not bring any toys or electronic devices with them. Failure to abide by this, the catechist will take the item away from the child and take it to the religious formation office, and the parent will then have to sign a release form to get the item back.

In cases of disruptive behavior the following procedures are used;

- 1st Grievance: Verbal reminder from catechist
- 2nd Grievance: Time out (time will be determined by child's age)
- 3rd Grievance: Sent to Religious formation office
- 4th Grievance: Discipline/ incident Report write up
- 5th Grievance: Meeting with parents, catechist and Coordinator of Formation

COMMUNICATION:

It is our goal to serve you and your child the best that we can. This PARENT HANDBOOK provides many answers for you. Additionally, we will send information to you via e-mail, FLOCK NOTE, announcements on parish website, Parish APP, flyers, notes, and through the parish bulletin. If a personalized note is being sent we will ask that the person receiving the note please sign to verify receiving the note.

If you have questions or concerns not covered in the handbook or materials please contact the elementary formation staff by e-mail, phone call or by an appointment. We do not make appointments during instructional time; please call the office to set-up an appointment. We ask that you understand that, all catechists and office aides are volunteers and therefore the best person to contact regarding a question is the Coordinator or Assistant.

EMERGENCY CLASS CANCELLATION

For information on closings please listen to 88.1 FM KNTU or watch channel 8 WFAA. For weekday formation classes, if the Denton ISD is closed due to weather or an emergency situation, religious formation classes are generally cancelled as well. The parish website will be updated by 3pm to indicate cancelation of class. If inclement weather arose during religious formation the students will be dismissed early.

Please keep your contact information up to date, that way we are able to reach you in case of class cancelation.

HEALTH AND MEDICATION

If your child is sick please use your own judgment on whether or not they should attend class. We ask that the child be fever-free for 24 hours in order to help stop the spread of any illness that may be contagious. We do not accept nor dispense any type of medicine from the formation office. If you have a special case regarding medicine please talk to the coordinator or assistant of formation as soon as possible.

PARISH GROUNDS AND FACILITIES

In accordance to our Diocesan Policy we ask that children never be left alone on parish property. Please be punctual when dropping off and picking up your child for religious formation, retreats, or other events. Please help us care for our parish by not walking through the flower beds and not playing with the Water in the Mary Garden. Please dispose of gum before entering any building.

PARENT INVOLVEMENT

Parents who have children in the Religious Formation Program at Immaculate Conception are expected to:

1. **Attend Mass weekly on Saturday/Sunday!** As members of the Catholic Church, participation of the Liturgy manifests the communion in Christ between God and men, which then engages the faithful in a new life (Catechism of the Catholic Church 1071). “The Church obliges the faithful to take part in the Divine Liturgy on Sundays and feast days” (CCC 1389). Attending Mass on Sunday as a family is a stepping stone in your child’s spiritual formation. Schedule of Mass is as follows:
 - a. Saturday
 - i. 4:00 pm – English
 - ii. 6:00 pm – Spanish
 - b. Sunday
 - i. 8:00 am – English
 - ii. 10:00 am – English
 - iii. 12:00 pm – Spanish
 - iv. 2:00 pm – Spanish
 - v. 4:00 pm – LIFE TEEN
2. Be participating in Adult Formation and active in the various parish programs.
3. Be active with your child’s formation. Ask what they are learning in class and work on “Parent Section” at home to reinforce material that is learned.

PROGRAM GOALS

The primary task of our parish religious formation is to:

- Proclaim Christ's message
- Participate in efforts to develop community
- Lead the children to worship and prayers
- Motivate the children to become a community of believers that serve others.

CURRICULUM

Publisher – Our Sunday Visitor

Allelu (Pre-K and Kindergarten)

For more information please go to www.allelu.com

Finding God: Our Response to God's Gifts (1st – 5th)

This information can be found in the Scope and Sequence of each program. For a more in depth explanation please feel free to visit www.loyolapress.com, click on "Preschool" or "Finding God".

PreK & Kinder – Allelu (Our Sunday Visitor)

This program is focused on early childhood and will engage our 4 year olds to help build up their faith. It also allows for family participation. Each week the child will take home a placemat that they can use at home with activities that they can do at the dinner table with their family to extend the lesson they previously learned.

Finding God: Our Response to God's Gifts (1st – 5th)

Each of the programs from First grade to Fifth grade consists of five units and an additional unit with lessons for our liturgical celebrations. Each of the lessons are encourage the children to engage, explore, reflect, and respond as well as they tie the lesson to the liturgical celebrations which highlight the connection to the Mass. The Seasonal Sessions provide additional options for the children to learn about our liturgical year and special feast.

First Grade: *Program helps first graders to explore and understand that God Found everything Good. To see God as our Creator.*

- Unit 1: Focuses on God as our Creator and Father, on his creation and on learning to care for his world.
- Unit 2: Focuses on Jesus: his birth and the Holy Family, the words and meaning of the Lord's Prayer, and Jesus dying and rising from the dead for the forgiveness of sins.
- Unit 3: Focuses on what it means to be a follower of Jesus.
- Unit 4: Focuses on the meeting Jesus in the sacraments and in prayer.
- Unit 5: Focuses on Jesus calling us to make good choices by following the commandments, understanding that Jesus loves us and our families, and doing our part to honor all of God's creations.

Second Grade: *Program helps second grades to understand that Jesus is the True Vine. With a focus on the sacraments of Eucharist & Reconciliation*

- Unit 1: Focuses on God's creation and our responsibility to love and care for it.
- Unit 2: Focuses on how we can follow God's way through Jesus' example of love.
- Unit 3: Focuses on staying close to Jesus through the sacraments.
- Unit 4: Focuses on meeting Jesus in the Sacraments of Initiation.
- Unit 5: Focuses on living like Jesus.

Third Grade: *Program helps third graders to understand that they are called to be Fisher of Men. The lessons will help them grow closer to the Church and the Holy Spirit.*

- Unit 1: Focuses on God as our Creator and Father with an emphasis on how we can love and care for his creation, the world he gave us.
- Unit 2: Focuses on the call to serve the Kingdom of God.
- Unit 3: Focuses on continuing Jesus' mission by being active members of the Catholic Church.
- Unit 4: Focuses on meeting Jesus in the sacraments and responding to him by living a life of service to others.
- Unit 5: Focuses on living like Jesus.

Fourth Grade: *Program helps fourth graders understand how to live as Jesus taught focusing on the Beatitudes and the Ten Commandments.*

- Unit 1: Focuses on God as a Creator and Father with an emphasis on how prayer brings us closer to God.
- Unit 2: Focuses on what Jesus taught us about God’s love and forgiveness.
- Unit 3: Focuses on our call, as members of the Church, to follow Jesus and to serve others.
- Unit 4: Focuses on how Jesus and the Church are one and how we meet Jesus in the sacraments of the Church.
- Unit 5: Focuses on living like Jesus by following the Ten Commandments.

Fifth Grade: *Program helps fifth graders understand that Jesus is the Bread of Life through lessons that focus on the Sacraments and Worship.*

- Unit 1: Focuses on creation and emphasizes that God the Father created us and continues to care for us and call us to live in God’s kingdom.
- Unit 2: Focuses on the mystery of the Incarnation and our encounter with Jesus in Baptism and Confirmation.
- Unit 3: Focuses on following Jesus and serving others as a member of the Church.
- Unit 4: Focuses on meeting Jesus in the sacraments.
- Unit 5: Focuses on living like Jesus and making good moral decisions.

SACRAMENTAL PREPARATION

Our sacramental preparation works hand-in-hand with our religious formation program. The following are *guidelines* for receiving each of the sacraments. We expect the Candidate to have finished one full year of formation prior to the year of Sacramental Preparation. A candidate’s eligibility is based on their active participation in Religious Formation classes. More than three absences will delay your child’s receptions of the sacraments.

“Catechesis is intrinsically linked with the whole of liturgical and sacramental activity, for it is in the sacraments, especially in the Eucharist, that Jesus Christ works in fullness for the transformation of men” – (John Paul II, CT 23).

ELIGIBILITY GUIDELINES
CANDIDATES AND PARENTS

Requirements and norms for First Reconciliation and Communion Candidates:

1. Candidate is baptized in the Catholic Church.
2. Candidate demonstrates a desire to celebrate the sacrament and has reached a level of moral development.
3. Candidate must have reached age of discretion, 7-8 years of age, at least in second grade and attending their second continuous year of formation.
4. Candidate must be prepared for and encouraged to participate in the sacrament of Penance as well as knows how to celebrate the Rite of Reconciliation (being able to follow the procedure)
5. Candidate is participating in Sunday Eucharistic liturgy (Mass) on a weekly basis.
6. Candidate has not missed an excessive number of days in religious formation. No more than three (3) absences.
7. Candidate knows how to receive communion.

Parent Requirements and Norms:

1. Parents must attend **MANDATORY SACRAMENTAL PREPARATION** meeting.
2. Parents not only have the right but also the responsibility to be intimately involved in preparing their children for their First Communion. Therefore they should participate in the adult catechesis/ parent meetings for each sacrament; Reconciliation and Eucharist.
3. Parent should not miss mandatory parent meetings. *If there is a problem with scheduling please try to make up meeting another time. There will be several options for participating in Parent Meetings.*
4. Be an ACTIVE Catholic Adult who is willing to support the minor's faith journey.
5. Attend both the Reconciliation and First Communion Retreat with their child.

Catechesis concerning the Eucharist must be ongoing throughout formal elementary, middle and high-school religious formation. Progressive and Integral formation is needed to establish good faith roots.

SACRAMENTAL PREPARATION CLASSES

All candidates are expected to attend Religious formation classes (Sunday mornings or Wednesday evenings) along with their Sacramental Preparation Classes. There will be options to when the Sacramental Preparation classes will be offered during the school year and the summer. More information will be given at parent meeting in September.

FIRST RECONCILIATION SERVICES

Information will be given at the Parent Sacramental Prep Meeting. Plenty of advance notice will be given so that you may prepare accordingly.

RECONCILIATION & FIRST COMMUNION RETREATS

These are a 3-hour retreat for both the Candidate (child) and their parents (only one parent is required to come with the candidate). There will be one retreat for Reconciliation and one for First Communion. More information will be given at the first Sacramental Preparation Meeting. If there is a problem with the assigned date please contact the coordinator or assistant of Elementary Formation ASAP.

KEEPING CHILDREN SAFE

Our Catholic tradition has always affirmed the dignity of the human person as created in the image and likeness of God. Every person with whom we come in contact deserves to be seen by us with the eyes of God. We know that ministry with children and youth, in particular, is a sacred trust. We at Immaculate Conception Catholic Church are committed to preserve, at all times and in all places, this sacred trust which is rooted in our faith in Jesus Christ.

In 2002, the United States Bishops approved The Charter for the Protection of Children and Young People in an effort to protect children and youth from sexual abuse at all levels of church life and to restore trust in a Church scarred by the scandal of clergy sexual abuse. Article 12 of the Charter directs all dioceses to create programs and processes to teach children and youth about sexual abuse and its prevention. In the Diocese of Fort Worth, this program will be integrated into the religious formation classes each year in all parishes.

We thank you for your support and interest as we partner to give our children the safest possible environment to grow in faith, in parishes, in our homes and in our communities.

GENERAL VISION OF PROGRAM

*Class will be given on the following dates:
September 11 (Sunday) or September 14 (Wednesday)*

Pre-Kindergarten and Kindergarten: RULES ABOUT THE BODY

Lesson overview: The focus of this program is building physical boundary skills. The corresponding lessons are designed to reinforce the concept of rules and how rules help keep us safe. Children will review the rules that keep their bodies safe and healthy, including how to take care of the body and establish rules for appropriate touch.

Objectives:

- Review the concept of rules, how rules work, and how to respond when someone is breaking rules.
- Participate in activities that will enforce the rules that protect the body.
- Respond to situation where someone is breaking the rules that protect the body.

First Grade: RULES FOR INTERACTING WITH OTHERS

Lesson overview: The focus of this program is about starting to build emotional boundary skills. The corresponding lessons are designed to reinforce the concept that interaction can affect how we feel. Children will review the basic types of feelings. In addition, they will review the concept of bullying and how it makes kids feel. Children will learn how to tell someone about people or events that make them feel mad, sad or scared.

Objectives:

- Review the concept of feelings and what makes them feel good or bad.
- Learn the rules for how they're supposed to treat each other.
- Learn about bullies and how they break rules for how people treat each other.

Second grade: LISTENING TO YOUR INTUITION

Lesson overview: The focus of the program is to continue to build behavioral boundary skills. The corresponding lessons are designed to reinforce the concepts that because we know our feelings, we sometimes feel funny if we are asked to do (or we do) something that breaks a rule or seems dangerous.

Objectives:

- Learn what intuition is and how to listen to it.
- Learn how to say no when intuition tells them to.
- Learn how to tell a trusted adult when they feel their intuition is warning them about something.

Third grade: SECRETS, THOSE YOU KEEP AND THOSE YOU SHARE

Lesson overview: The focus of this program is continuing to build emotional and behavioral boundary skills. The corresponding lessons are designed to reinforce the concept some secrets are good while others are not. The accompanying activities help the students learn how to make decisions about which secrets can be kept and which should be told to a trusted adult.

Objectives:

- Learn about different types of secrets
- Learn how to recognize a bad secret
- Learn how to tell a trusted adult when someone has asked them to keep a bad secret

Fourth grade: HEALTHY FRIENDSHIP

Lesson overview: The focus of this program is behavioral boundary skills. The corresponding lessons are designed to reinforce the concept of peer to peer interactions and how some are healthy and some are not. The accompanying activities help the students learn good boundaries with friends and adults.

Objectives:

- Learn what makes a healthy friendship with peers
- Learn to identify a safe adult
- Learn how to respond to situation that make them feel uncomfortable

Fifth grade: HEALTH PRIVACY

Lesson overview: The focus of this program is behavioral boundary skills. The corresponding lessons are designed to reinforce the concept of appropriate privacy – what can, and should be kept private, and what cannot. The lessons continue to develop the fact that children must tell adults some things that are private or “secret.” In addition, the lessons caution fifth graders about giving out too much private information to people on the Internet.

Objectives:

- Learn what can and should be kept private and what needs to be shared with a safe adult
- Learn the rules for safety when communicating on the Internet
- Learn how to recognize and respond when someone want to much private information

PRAYERS

The Catechism of the Catholic Church tells us that “*Prayer is the life of the new heart. It ought to animate us at every moment...*” (CCC 2697). We are the examples for our children, they see how we pray and live out our faith. We encourage you to pray as a family and to grow together in the faith. The following are the suggested prayers that your children should know or should be familiar with depending on the grade level that they are in. Parents please pray with your children, recite the prayers to them so that they may learn and be able to pray.

PreK

- Sign of the Cross
- Amen
- Guardian Angel Prayer
- Blessing before and after meals

Kindergarten

- All previous Prayers
- Our Father
- Hail Mary
- Glory Be

First Grade

- All previous Prayers
- Alleluia
- Holy, Holy, Holy
- Lord Hear our Prayers (*prayer petitions*)
- Recognize Prayers of the Mass (start to follow along with the parts of the Mass)
- Become familiar with the Rosary

Second Grade

- All previous Prayers
- Act of Contrition
- Understanding of Genuflection before the Blessed Sacrament as prayer of reverence
- Practice the following:
 - Spontaneous – silent prayer, song, gesture, visits to the Blessed Sacrament
 - Understand four reasons of prayer: to praise God, to thank God, to ask God for blessings, and to say “I’m sorry”

- Begin the habit of personal prayer
- Prays to the Holy Spirit
- Recognizes the Prayers and Parts of the Mass

Third Grade

- All previous prayers and forms of prayer
- Nicene Creed
- Kinds of Prayer
 - Establish family prayer devotions (for instance First Friday Adoration)
 - Family Scripture reflections
 - Pray the Rosary
 - Divine Mercy Chaplet
 - Intercessions
 - Praise and Worship
 - Honoring and Praying to the saint of the day
 - Stations of the Cross
 - Mass participation
 - Angelus
 - Prayer with Sacred Scripture (Bible)
 - Prayer with Sacred Music

Fourth Grade

- All previous prayers and kinds of prayers
- The Apostles Creed
- All 20 Mysteries of the Rosary
- Morning and Evening Prayer (including examination of Conscience)
- Hail Holy Queen
- Acts of Faith, Hope, & Love

Fifth Grade

- All previous Prayers
- Incorporate the books of Psalms, Proverbs and Wisdom into your prayers
- Memorare
- Anima Christi
- Divine Praises
- St. Michael the Archangel Prayer

Whether prayer is expressed in words or gestures, it is the whole man who prays. But in naming the source of prayer, Scripture speaks sometimes of the soul or the spirit, but most often of the heart (more than a thousand times). According to Scripture, it is the heart that prays. CCC 2562

PRAYERS

SIGN OF THE CROSS

In the name of the Father,
and of the Son,
and of the Holy Spirit.
AMEN

GLORY BE

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now and ever shall be, World
without end. AMEN

OUR FATHER

Our Father, who are in heaven,
hallowed by thy name;
thy kingdom come;
thy will be done on Earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
AMEN

HAIL MARY

Hail Mary, full of grace. The lord is with thee.
Blessed art thou among women, and blessed is the fruit of
your womb, Jesus.
Holy Mary, Mother of God, pray for us sinners, now and at
the hour of our death. AMEN

CREED

I believe in one God, the Father almighty, maker of heaven
and Earth, of all *things visible and invisible*.

I believe in one Lord, Jesus Christ, the only *Begotten* son of
God, *born* of the Father *before all ages*. God from God,
Light from Light, true God from true God, begotten not
made, *consubstantial* with the Father; through him all things
were made. For us men and our salvation he came down
from heaven: *and became man, and* by the power of the
Holy Spirit *was incarnate* of the Virgin Mary, and became
man. For our sake he was crucified under Pontius Pilot, he
suffered *death* and was buried, *and* rose again *on the third*
day in *accordance* of the Scriptures. He ascended into
heaven and is seated at the right hand of the Father. He will
come again in glory to judge the living and the dead, and his
kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who
proceeds from the Father and the Son, *who* with the Father
and the Son is *adored* and gloried, *who* has spoken through
the Prophets.

I believe in one, holy, Catholic and apostolic Church. *I*
confess one Baptism for the forgiveness of sins, *and I* look
forward to the resurrection of the dead and the life of the
world to come. AMEN

PRAYERS

ACT OF CONTRITION

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

I CONFESS

I confess to almighty God, and to you my brothers and sisters, that I have *greatly* sinned, in my thoughts and in my words, in what I have done, and in what I have failed to do; *through my fault, through my fault, through my most grievous fault; therefore* I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God. AMEN.

SACRAMENT

The Sacraments are special occasions for experiencing God's saving presence.

BAPTISM
RECONCILIATION
EUCCHARIST
CONFIRMATION
MARRIAGE
HOLY ORDERS



10 COMMANDMENTS OF GOD

The first three commandments show us how to love God and the others show us how to love ourselves and others.

- 1st I am the Lord your God; you shall not have strange gods before me.
- 2nd: You shall not take the name of the Lord your God in vain.
- 3rd: Remember to keep holy the Lord's Day.
- 4th: Honor your father and your mother.
- 5th: You shall not kill.
- 6th: You shall not commit adultery
- 7th: You shall not steal.
- 8th: You shall not bear false witness against your neighbor.
- 9th: You shall not covet your neighbor's wife.
- 10th: You shall not covet your neighbor's goods.

PRECEPTS OF THE CHURCH

- 1st: Attend Mass on Sundays and Holy days of obligation
- 2nd: Confess your sins at least once per year.
- 3rd: Receive the sacrament of the Eucharist at least during the East Season.
- 4th: Observe established days of fasting and abstinence.
- 5th: Help provide for the needs of the Church.